## The Fourteenth Sunday in Ordinary Time – 5th July 2020 – St. Matthew 11 v 25 – 30

In our Gospel today, Jesus is very emphatic – God does not reveal Himself (primarily) to the *intellect* (thank goodness!) but to the *heart*. Entrusting ourselves to Jesus is not an intellectual exercise but an exercise of the heart. And (sometimes) the mind has to "catch up" with what the heart already believes. This may involve a struggle, especially for those whose intellect is incisive and forensic because we believe *beyond* what we are able to understand. Of course we do! – because we believe in Him Who is far beyond our understanding - but, in the words made famous by St.Anselm of Canterbury, "we believe in order to understand".

Faith believes, and then the mind reflects on what the heart already knows to be true. In those famous words of the French thinker, Pascal, "the heart has its reasons which reason knows nothing about". How can this be? It is because the Christian life is the response of faith to Revelation and so, in our Gospel today, Jesus cries out, "I thank You, Father, Lord of Heaven and Earth, for hiding these things from the learned and the clever, and revealing them to mere children". One does not have to be a great intellect to believe in ( and to receive ) Jesus because the Christian life is (essentially) a spiritual ( and interior ) life, and if we are to grow ( spiritually ) we must not obey our "unspiritual" selves ( as St.Paul says in our Second Reading today — Romans 8 v 9,11 — 13 ) — but conform ourselves to the Holy Spirit, already at work within us, the same Holy Spirit at work in the Life of Jesus and by whose power Jesus was raised from the dead.

As St.Paul indicates, there is a battle going on inside our souls – between the spiritual and the unspiritual, the temptation to live a merely material and sensual existence, to live only through our external senses of sight, hearing, taste, smell and feeling, to be always living outside of ourselves, instead of seeking the fellowship of Him Who lives within us. St.Augustine tells us that he spent many years seeking God outside of himself - and (all the time!) God was at work within him, "For, behold, You were within me and I outside, and I sought You outside and in my ugliness fell upon those lovely things You have made. You were within me but I was not in you". But what a struggle he had! What a struggle we have! So many temptations - to lose ourselves in experiences outside of ourselves but, says St.Paul "your true interests are not in the unspiritual but in the spiritual, since the Spirit of God has made His home within you" ( v 9 ). The world is passing away, St.John tells us (1 John 2 v 15 -17) No matter how attractive (or permanent) it may appear to be, the glory, the beauty, and the power of the world is passing away but we ( in the image of God ) have been made for eternal realities, to contemplate, and to seek out, eternal truths. Our outer nature, says St.Paul, is passing away, " but we do not lose heart. Though our outer nature is wasting away, our inner nature is being renewed day by day" ( 2 Corinthians 4 v 16 ). We are a mix – the material and the spiritual, the temporal and the eternal – and these "combinations" struggle within us! We all feel this struggle! We all feel these contradictions! The struggle – the battle - to know what to do. The ethical dilemmas! How often we convince ourselves to do what is easy ( and pleasant ) instead of what is difficult and better. These are the daily struggles in the spiritual life and we set our course through life by means of these daily struggles. On the central highway to the Heavenly Jerusalem, we may only turn very slightly to the left but, after a few miles ( in the wrong direction ) we are very far from where we would have been ( where we are meant to be ) and it will now require far more effort to retrieve our position than if we had not, in the first instance, strayed just those few feet - or few inches!

But – thanks be to God! – when we do find ourselves far from home and lost without a compass because of the faulty decisions we have made, Jesus the Good Shepherd is looking out for us, and searching for us down the labyrinthine ways in which we have lost ourselves, and invites us to return along the path marked "repentance" not only to restore us to where we once were on the central highway but to move us forward and so, in our Gospel today, Jesus renews that gracious invitation, "Come to me all you who labour and are heavy laden – and I will give you rest". The peace of sins forgiven! A new start. Renewed compass bearings. A clear way ahead.

Let us pray that we may respond in faith – from the heart - to the good news of the Gospel, and then *continue* our discipleship by seeking to understand what we believe by catechising our intellect, so that loving God with all our heart, with all our *mind* and (doing *both*) with all our strength we may plumb the depths and come to know, "the hope to which He has called you, what are the riches of His glorious inheritance in the saints, and what is the immeasurable greatness of His power in us who believe, according to the working of His great might which He accomplished in Christ when He raised Him from the dead!" (Ephesians 1 v 18f). May it be so! Amen!