

## PRAYERS FOR JANUARY

### FOR THE RESURRECTION OF THE CHURCH AND FOR A NEW PENTECOST

From our homes and in our families and praying on our own, let us send up to heaven a great wave of prayer that God will visit us with His power and His presence in the days and months to come. If it truly our fervent prayer and desire that the Lord will bless us we must "prepare the way of the Lord" with times of fervent and faithful prayer. Come, Holy Spirit! Come, Lord, Jesus!

#### Prayer for Wales

Almighty God, Who in Your infinite goodness sent Your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve You, have mercy on Your people in Wales. Grant to them the precious gift of faith, and unit them in the one true Church founded by Your Divine Son, that acknowledging her authority and obeying her voice, they may serve You, love You, and worship You as You desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ, our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

**Holy Michael!** Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray: and do thou, prince of the heavenly host, by the power of God thrust down to hell Satan and all wicked spirits who wander through the world for the ruin of souls. Amen.

**A Coronavirus Prayer.** " Lord Jesus Christ, You travelled through towns and villages ' curing every disease and illness'. At Your command, the sick were made well. Come now to our aid, in the midst of this pandemic, and send down Your blessing and healing upon us and protect our healthcare workers. Comfort those who have lost loved ones during this pandemic, and grant Your strength and healing to those struggling with the virus and its after effects. Bring us through to Resurrection and a New Pentecost in the life of the Church. For Your Name's sake. Amen"

#### PRAYER AT THE BEGINNING OF THE DAY

Lord, as I step out into this day in all the frailties and imperfections of my nature, I do not know what this day will bring. I do not know if You will bring me to the end of this day. I thank You for the life You have given me thus far, and I ask Your forgiveness that I have presumed upon, abused and violated Your many graces and mercies to me.

As I step out into this day, grant me, I pray, the grace of a deeper and deeper surrender to Your Will, a letting-go of the world, and to see Jesus always in front of me as the ultimate Goal beyond all the events of today. Grant me the grace to rest securely and serenely in Your Presence, and not to be overthrown and confused by the sudden changes of life. I am a frail earthen vessel, a phial of blood, a clod of earth. Help me toward a greater respect for my fragility – that I "hang like a drop of dew upon a blade of grass" entirely dependent upon Your Will and Favour.

Help me to live from each heart-beat and not to presume beyond it. Help me not to "grab" at what surrounds me and yet always to work harder in doing good, and with a greater commitment. May my walk today be, in every step, a pilgrimage in Thee. I do not know what storms may break upon this day or how troubled a sea it may be. Bless the source and the spring of this day, and bring me safely into the harbour at the eve of the day – that I may safely anchor in the haven with Thee. Glory to Thee, Father, Son, and Holy Spirit. Amen.

#### Prayers to the Holy Spirit

An Invocation of the Holy Spirit ( Pope Saint John XXIII ) " Renew Your wonders in this our day, as by a New Pentecost. Grant to Your Church that, being of one mind and steadfast in prayer with Mary, the Mother of Jesus, and following the lead of blessed Peter, she may advance the reign of our Divine Saviour, the reign of truth and justice, the reign of love and peace. Come, Holy Spirit, in Your power and might to renew the face of the earth. Amen."

"Come Holy Spirit, and fill the hearts of the faithful. And kindle in them the fire of Your love.

Send forth Your Spirit, O Lord, and they shall be created, And You will renew the face of the earth. O God, Who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit, we may be always truly wise and ever rejoice in His consolation. Through the same Christ, our Lord. Amen".

### Efficacious Prayer to the Sacred Heart of Jesus

1/ O my Jesus You have said, "Truly I say to you, ask and it shall be given you, seek and you will find, knock and it will be opened to you". Behold, I knock, I seek and ask the grace of -----.

Our Father, Hail Mary, Glory be. " Sacred Heart of Jesus, I place all my trust in Thee"

2/ O my Jesus, You have said, " Truly I say to you, if you ask anything of the Father in My Name, He will give it to you". Behold, in Your Name, I ask the Father for the grace of -----.

Our Father, etc

3/ O my Jesus, You have said, " Heaven and earth will pass away, but My words will not pass away". Encouraged by Your infallible words, I now ask for the grace of -----.

Our Father, etc

O Sacred Heart of Jesus, for Whom it is impossible not to have compassion on the afflicted, have pity on us sinners and grant us the grace which we ask of You, through the sorrowful and immaculate Heart of Mary, Your tender Mother and ours.

Hail Holy Queen, "St. Joseph, foster father of Jesus, pray for us"

( This prayer prayed every day by Padre Pio ).

### Intercession of St. Pio of Pietrelcino ( Padre Pio )

O God, You gave to St. Pio of Pietrelcino, Capuchin Priest, the great privilege of participating in a unique way in the Passion of Your Son; grant me, through his intercession the grace of ----- which I ardently desire and, above all, grant me the grace of living in conformity with the Death of Jesus, to arrive at the glory of the Resurrection. Glory be --- ( three times).

### Prayer for Protection and Deliverance – " lead us not into temptation, but deliver us from evil"

"God granting me such a grace, in the Name of Jesus ( and not in my own name ) and by the power of the Most Precious Blood of Jesus ( and not in my own strength ) I renounce the power of the Tempter over me.

**( R )** *By the power of Thy Most Precious Blood, Overthrow and destroy the works of the Devil.*

I renounce any and every spirit to whom I may have surrendered myself. **(R)**

I hand over all evil powers to the Blood of Jesus. **(R)**

I offer them to be destroyed by the Blood of Jesus. **(R)**

And I thank God for the power of the Precious Blood of Jesus. O Holy and Immaculate Virgin Mary, offer to the Eternal Father the Precious Blood of thy Divine Son that I and those I love may be protected from the assaults of the Evil one, for the sake of His sorrowful Passion. Amen.

### Prayers in Sickness

Bless all who are sick, Lord, and those who care for them. Thank you for all those who look after those who are sick this day.

You know I cannot easily pray in my sickness Lord, Put words into my heart and hear my prayer to you.

Lord, You healed the sick. Heal my sickness and restore all who are sick to health and wholeness.

### Hymn to the Holy Spirit

Holy Spirit, Lord of light, from the clear celestial height, Thy pure beaming radiance give; Come, Thou Father of the poor, Come with treasures that endure, Come, Thou Light of all that live! Thou of all consolers best, Thou the soul's delightful Guest, Dost refreshing peace bestow: Thou in toil art comfort sweet, Pleasant coolness in the heat, Solace in the midst of woe. Heal our wounds, our strength renew, On our dryness pour Thy dew, Wash the stains of guilt away: Bend the stubborn heart and will, Melt the frozen, warm the chill, Guide the steps that go astray. Thou, on those who evermore, Thee confess and Thee adore, In Thy sevenfold gifts descend: Give them comfort when they die, Give them life with The on high, Give them joys that never end!

**May God, according to His mercy and great goodness, bless us and keep us safe in the days and months ahead. Amen.**